



Shandong Taishan Sports Equipment Co.,Ltd

Installation Of Balance Beam TQ1007B

Web :www.taishansports.cn

Special statement: This product is manufactured in accordance with the requirements of the International Gymnastics Federation (FIG), but the equipment that meets the standards of the International Gymnastics Federation (FIG) does not mean that any risk is eliminated. The user is not trained or under the supervision of the coach Injuries caused by the use of equipment shall be borne by the user.

1. Children under 10 years of age are not allowed to use it;
2. It shall not be used by more than one person at the same time, maximum load 300Kg;
3. For indoor use only;
4. Please install and use special protective mat;
5. Before using the equipment, check whether all parts of the equipment are intact and tightly locked; otherwise, they should not be used;
6. Abnormal noises or obvious loose parts during the use of the equipment should be stopped immediately;
7. After the equipment is adjusted, make sure that the equipment is adjusted in place and locked firmly before use
8. No adjustment during use;
9. Before using the equipment, warm up sufficiently to prevent injury. If you feel obvious pain or discomfort during use,
10. Do not use heavy objects to hit the surface of the equipment, and do not use

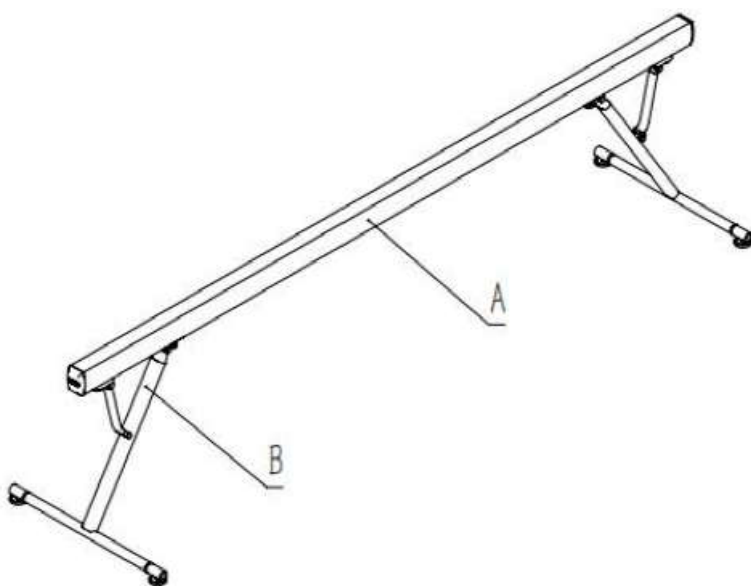
sharp objects to scratch the equipment;

11. Do not use liquids other than neutral detergent and water to wipe the surface of the equipment.

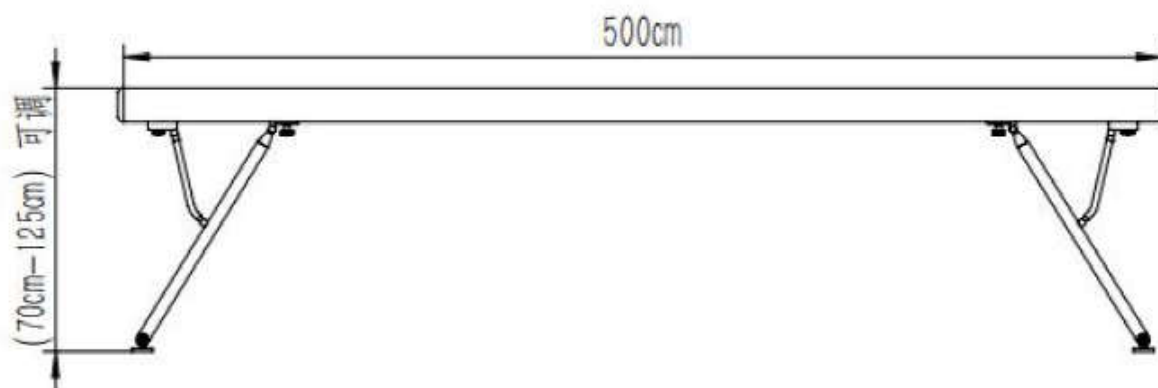
The balance beam can be used for competition and training. The special rubber shock absorption system increases the overall elasticity of the beam, the handle can quickly adjust the height of the beam, and the locking is fast and firm. The pre-formed foam end plug protects the athletes from injury when they get off the equipment.

Product Parameter:


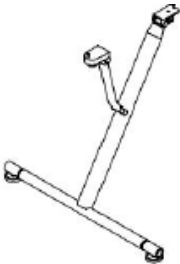
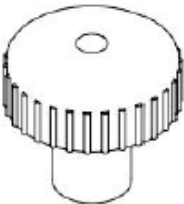

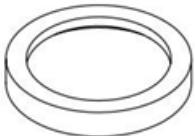
1. Dimensions: The length of the beam is 500cm, and the height of the beam from the ground is 70-125cm adjustable;



A Beam; B Bracket leg part



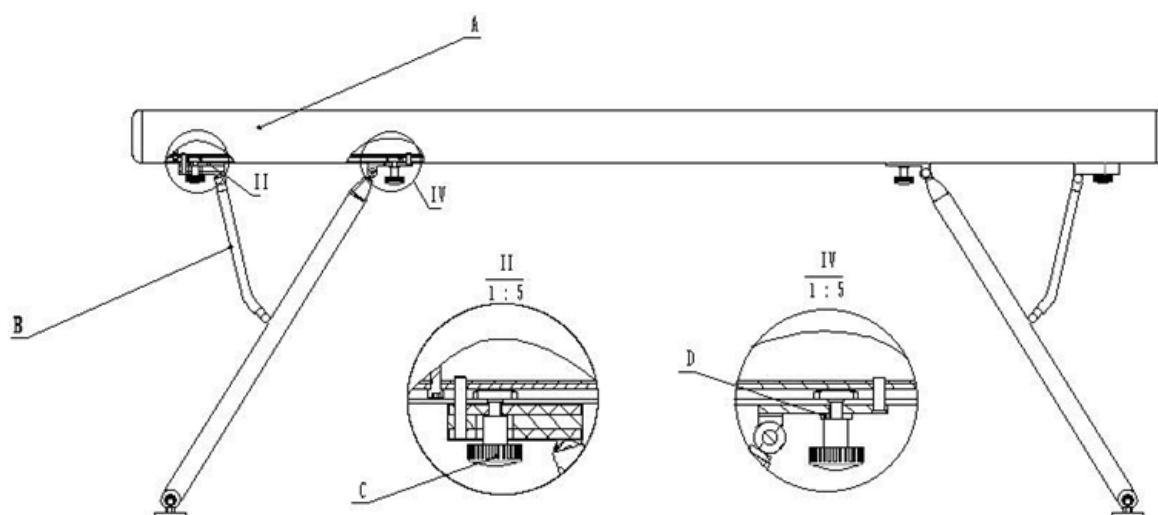
Packing List:

 <p>A-Beam 1pc</p>	 <p>B-Leg 2cs</p>	 <p>C-Locking handle 4pcs</p>	 <p>D-adjustment washer2pcs</p>	 <p>E-Round foot cover (spare) 1pc</p>
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Installation :

As shown in the figure below, insert the outer support plate in the B-bracket leg part into the first through hole of the A-beam part insert, adjust the locking bolt in the beam to insert the outer support plate in the B-bracket leg part, Tighten the C-locking handle and the locking bolt to fix; insert the inner support plate in the B-bracket leg part into the second through hole of the crossbeam insert, where the crossbeam is at a maximum height of 1250mm from the ground, Insert the

locking bolt in the adjusting beam into the inner support plate in the leg part of the bracket, and tighten the C-locking handle, D-nylon washer and the locking bolt to fix

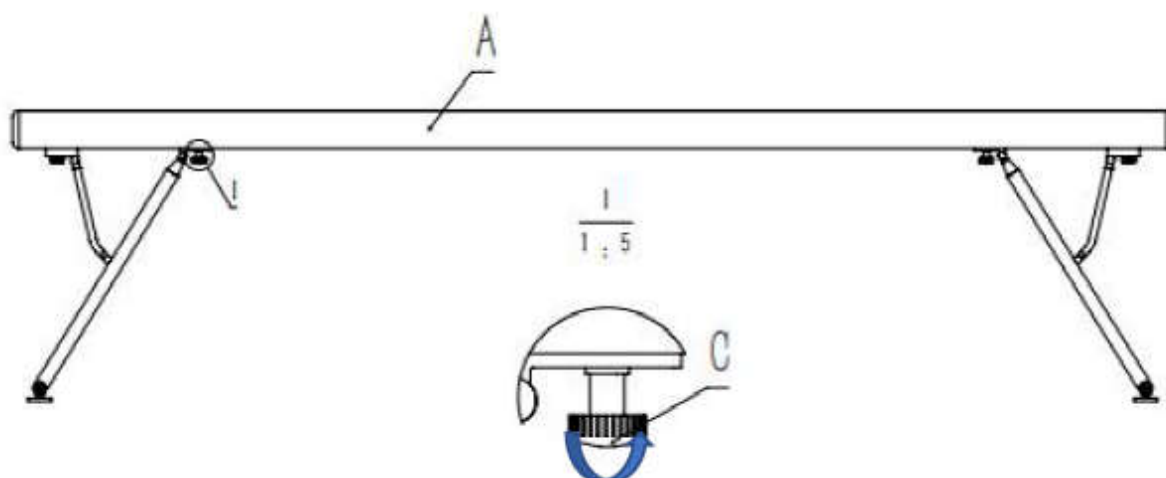


Instructions for use

This product is designed for balance beam competition and training.

Adjustment instructions:

The height of the balance beam can be adjusted according to the user's needs: as shown in the figure below, rotate the handle on the C-locking handle under the A-beam part to make the pin out of the insert hole, move the adjusting device along the way, and reach the required height. Insert the pin into the insert hole, and then tighten the adjustment handle. Note that the two supporting parts should be adjusted in coordination.



Maintenance:

- 1) During the training process, the product should be checked regularly for looseness and falling off at all connecting parts of the product. After discovery, tighten or replace in time to ensure safe use.
- 2) When there are stains on the bar surface, use a towel dipped in a little water to gently wipe the surface.
- 3) After using the equipment for 1 year, it should be checked and maintained by professionals before use.

Warranty

- 1) The warranty period from the date of delivery of the equipment is shown in the following table:

NO.	NAME	WARRANTY TIME	REMARK
1	BEAM	3YEARS	NOT INCLUDE Bottom plastic part

2	Bottom plastic part	1YEARS	
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2) Equipment damage caused by improper use or failure to perform maintenance as required shall be borne by the user.

3) The surface damage of the equipment caused by scratches or bumps is not covered by the warranty.

4) For the equipment beyond the warranty period, provide free lifetime technical support and paid maintenance services.

Tools and spare parts

NO.	NAME	SIZE	QTY	REMARK
1	ROUND FOOT COVER		1	SPARE