12SPRINGS AIRTRACK MANUAL

Congratulations on purchasing the 12SPRINGS Airtrack.
Please read these instructions carefully before use and keep them for future reference.

ATTENTION: THIS PRODUCT IS NOT A TOY. IT IS A PROFESSIONAL TRAINING DEVICE FOR SPORTS EXERCISES UNDER THE SUPERVISION OF TRAINED INSTRUCTORS.

Safety

Use

- This product is not suitable for children under 5 years of age
- Only use the Airtrack under supervision
- Only learn new skills under the guidance of experienced instructors
- Maximum 1 person on the Airtrack at a time
- Avoid jumping near the safety valve as much as possible
- Do not wear shoes during use to prevent damage
- We recommend bare feet or anti-slip socks, available from www.12springssports.com
- Suitable for both indoor and outdoor use
- Do not use the Airtrack if it is damaged

Placement

- Make sure the surface is clean and dry, and preferably place an anti-slip mat under the Airtrack to prevent slipping and/or leaks
- Keep a clear space of at least 1.5 metres around the Airtrack, free of obstacles
- Place the Airtrack on a flat surface, free of sharp objects
- Do not drag the Airtrack
- Keep away from sharp and hot objects

Air pressure

- Check the air pressure before using the Airtrack. The Airtrack will always lose some air by itself, so it will need to be topped up regularly
- Make sure there is enough pressure in the Airtrack to prevent contact with the floor. For heavier users, use a higher pressure
- The pressure in the Airtrack can vary with the temperature. The Airtrack will be softer in cold weather and will become firm again by itself as the temperature rises

Outdoor use

- The Airtrack can be used outdoors. Store the Airtrack indoors again after use to keep it in good condition
- Check the air pressure before using the Airtrack. The Airtrack will always lose some air by itself, so it will need to be topped up regularly
- When using the Airtrack outdoors, an underlay is recommended to protect it
- Do not use the Airtrack in wet conditions; dry the surface thoroughly before use
- The Airtrack is 100% airtight and watertight
- Do not use the Airtrack if it is damaged

Storage

- Only store the Airtrack when it is clean and dry enough to be folded up
- Only clean the Airtrack with lukewarm water and, if necessary, a natural soap (e.g. soft soap)
  ATTENTION: Do not use chemical cleaning agents!

Warnings

- Caution: the Airtrack can slide during use, especially on a smooth surface. This can lead to injuries
- Do not use the Airtrack in wet conditions, as there is a high risk of slipping and/or physical injury
- The Airtrack does not prevent accidents
- The Airtrack is not a landing mat
- The supplier/importer of this product cannot be held liable for injuries, permanent damage or financial loss resulting from the use of this product

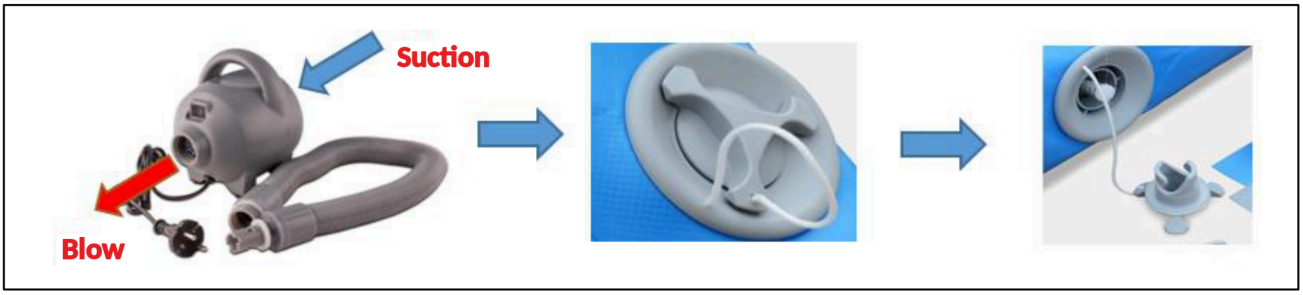
Installation

Setting up the Airtrack is easy and takes only a few minutes. Make sure you have read the safety instructions before use. Use the Airtrack on a clean and level surface, if necessary with an underlay/anti-slip mat to prevent slipping and/or damage.

ATTENTION: NEVER INFLATE THE AIRTRACK TOO HARD! THE PRESSURE MUST BE CHOSEN SO THAT THE USER NEVER TOUCHES THE FLOOR UNDER ANY CIRCUMSTANCES.

Step 1: Inflating the Airtrack

- Make sure the floor is clean and clear
- Unroll the Airtrack completely
- Unscrew the valve cap from the valve
- Make sure the valve is in the closed position by pressing it in once. The pin must point outwards, otherwise the Airtrack will deflate again straight away
- Connect the electric pump (blow side) to the air valve of the Airtrack and lock it by turning it a quarter turn
- Now inflate the Airtrack to the desired pressure. You can check the pressure by pressing on the Airtrack with your hands



- Now switch off the pump and disconnect the hose by turning it a quarter turn. The valve pin should still be in the outer position, so the valve should not leak. If it does leak, press the pin in again to lock it
- Screw the valve cap back on
- The Airtrack is now ready for use

Step 2: Storing the Airtrack

- Unscrew the valve cap from the valve
- Open the valve by pressing the pin in once; the Airtrack will now deflate
- Connect the electric pump (suction side) to the air valve of the Airtrack and lock it by turning it a quarter turn
- Pump the Airtrack empty until all the air has been removed
- Now switch off the pump and disconnect the hose by turning it a quarter turn
- Make sure the Airtrack is dry and clean, then fold and roll it up into a small package
- Store it in the supplied bag or box in a dry place

Maintenance

- If the Airtrack deflates quickly, the valve may be leaking. In that case, the valve can be tightened with the supplied wrench



- If the Airtrack itself is leaking, it can be repaired with the supplied repair material, preferably using PVC glue. Before gluing, thoroughly degrease the area around the leak with a degreasing agent.

Warranty

- The Airtrack comes with a 3-year warranty and the electric pump with a 1-year warranty on manufacturing defects. Damage caused by use is not covered by the warranty.